



**July 2011 Newsletter**

***Sensational Summer!!!***

The hot, sunny days of Summer are upon us! Beat the heat with Esoterica. We're offering a fantastic array of classes and seminars, new merch to deck your home out for barbecue season and new tools to enrich your spirituality.

***Special Events***

<p><b>Mondays: Yoga for Everyone, 6:30 – 7:30 pm</b></p> <p>If you want to try yoga for the first time, get back into a regular practice, or augment your routine, this class is for you. We will stretch, strengthen, tone, relax, rejuvenate and connect body, mind and spirit. This is not your average gym yoga. Andrea has a skillful way of integrating yoga poses and stretches to facilitate 'meditation in motion.' This class is appropriate for all ages, from beginner to advanced levels.</p>	<p><b>Tuesdays: Mindfulness Meditation, 7 pm</b></p> <p>Ron, our resident palm reader and handwriting analyst presents an evening focused on Mindfulness Meditation Tuesdays at 7 pm. Learn to become calmer and more present in your life with purposeful meditation. There is a \$10 participation fee, cash only please.</p>
<p><b>Pagan Pathseekers Meeting July 8<sup>th</sup> and 29<sup>th</sup></b></p> <p>The Pagan Pathseekers are a local MeetUp group seeking community, communion with nature, and fellowship with like-minded individuals. Their main focus revolves around fellowship, learning, teaching, exploring, and sharing the practices of nature-based belief systems, while building community, and honoring nature. Join us at 7 pm for the meeting. Learn more about the Pathseekers at <a href="http://www.meetup.com/NOVA-Pagan-Pathseekers/">http://www.meetup.com/NOVA-Pagan-Pathseekers/</a></p>	<p><b>Wednesdays: Wicca 101</b></p> <p>Join us on Wednesdays starting July 13th to begin your journey into the Craft of the Wise. Class begins at 7:30 pm and is led by 2nd degree Alexandrian Wiccan Holli. The series is 13 weeks long. Donations are requested in lieu of a class fee. Topics include: Introduction/Wiccan Tenants, Pagan/ Wicca and Magic, Preparing yourself for Magic, Wheel of the Year, Moon Phases and Days of the Week, The Elements, Magical Tools, The Goddess, The God, Symbology, The Coven, Divination, and Class Ritual.</p>
<p><b>A Haunting Evening – July 16<sup>th</sup></b></p> <p>Come out Saturday, July 16th, at 7 pm for an evening of tales and techniques from the paranormal front lines. Our fantastic guest speaker, Walt Gavenda, is the co-author of 'A Guide to Haunted West Virginia,' and a well-known local ghost hunter. Walt will talk about his books, his activities and local hauntings. His stories of ghost hunting and battlefield research are simply fascinating. A donation is requested in lieu of a class fee.</p>	<p><b>The League of Extraordinary Authors Meeting July 30<sup>th</sup></b></p> <p>Join us Saturday, July 30<sup>th</sup>, at noon to meet The League! The League of Extraordinary Authors is a support group for writers living in the Northern Virginia area and is open to writers of all genres including fiction (sci fi, horror, mystery, thriller, supernatural) and non-fiction (historical, regional, contemporary). For more information about the group, feel free to drop Clint a line at <a href="mailto:cacion66@yahoo.com">cacion66@yahoo.com</a>.</p>

*Psychic Readings*

**Ron Shank**  
Palm Reading & Handwriting Analysis

Our most well-known psychic, Ron Shank serves as our resident palm reader, handwriting analyst, meditation instructor and occasional cartomancer. Ron is available for Palm Readings, Tarot and Playing Card Readings, and Handwriting Analysis Tuesday through Sunday, 2 pm through closing.

**Larry Baukin**  
Palmistry, Numerology and Tarot

Larry Baukin has been a teacher and professional practitioner of Tarot, Palmistry and Numerology for over twenty years. Larry is available for Palmistry, Numerology and Tarot most Fridays.

**Rev. Tom 'Midnight' Vandenberg**  
Tarot, Hypnotherapy and Rune Readings

Rev. Tom Vandenberg is a gifted psychic, magician and spiritual counselor with more than twenty years experience in the field of metaphysics and magic. Tom is available for Tarot and Rune Readings and Hypnotherapy sessions the first and third Saturdays of the month starting at 12:30 pm.

**Kevin Baird**  
Tarot Readings

Kevin Baird is a Spirit-Guide professional who can connect you to your muse and help you energize your life. Kevin is available for Tarot readings the last Sunday of the month.

**Anne Nguyen**  
Reiki Treatments & Tarot Readings

Anne, a Reiki/Karuna Ki Master Teacher, has been practicing Reiki since 1998. She is an Ordained Minister and also a Master Teacher in Magnified Healing, another alternative form of healing energy. Anne is available for Reiki Treatments & Tarot Readings the second Saturday of the month.

Phone the store at 703-777-4642 to make appointments with individual readers.

**Join one of our Online Communities to get regular updates about store events!**

Our website: <http://www.esotericanova.com>

Our facebook: <http://www.facebook.com/esotericanova>

Our Yahoo Group: [EsotericaAnnouncements-subscribe@yahoogroups.com](mailto:EsotericaAnnouncements-subscribe@yahoogroups.com)

Our myspace: <http://www.myspace.com/esotericagoddess>